## Incoming 8th Graders <u>Whitehouse Junior High School Athletics</u> Required Online Registration Information 2020-2021

Welcome to Whitehouse Junior High School Athletics for the 2020-2021 school year. If you have a child (boy or girl) that will be participating/trying-out in a Whitehouse ISD sports program, *required* online forms and a valid preparticipation physical must be filled out and submitted before a student-athlete can participate. Since most incoming 8th graders had physicals the previous year, they should not need another athletic physical until entering their 9th grade year. Please double check and make sure the athletic physical is valid. At this time you may begin submitting required online forms for the 2020-2021 school year. Along with the required online paperwork, a valid preparticipation physical must be on file with the district's Athletic Trainer. Below are instructions for submitting the online forms:

Please go to whitehouseisd.rankonesport.com website. You can also access the website through a link on the Whitehouse Athletic Page. Log in using your child's Student ID number (the last 6 digits). Read the instructions provided on the website to fill out the online paperwork. These forms along with a preparticipation physical are required by the UIL (University Interscholastic League) and Whitehouse I.S.D., and must be completed and submitted before your child is allowed to participate in athletics for the 2020-2021 athletic school year. The following online forms will need to be filled out and submitted annually:

- 1. Emergency / Medical History
- 2. UIL Steroid
- 3. WISD Drug Consent
- 4. Concussion Acknowledgement
- 5. Sudden Cardiac Arrest Awareness
- 6. UIL Acknowledgement of Rules
- 7. Athletic Policy

A copy of the preparticipation physical form can be found on our athletic website under the Required Forms Tab at the top of the webpage (whjhathletics.weebly.com). The Preparticipation Physical Evaluations -Medical History form can also be found on the U.I.L. website at

(<u>https://www.uiltexas.org/files/athletics/forms/PrePhysFormRvsd4\_24\_20.pdf</u>). If for some reason a new athletic physical is required for your 8th grade year, preparticipation physical exams must be dated on or after April 1st of 2020. It is encouraged to have the physical exam performed during the Summer months. Copies of completed physicals can be given to the Athletic Trainers or turned into the front office of the Junior High. It is also recommended that parents keep a copy of the physical at home. Go to whjhathletics.weebly.com to explore our athletic webpage.

**<u>Boys</u>** - Football, Basketball, Track & Field, and Tennis **<u>Girls</u>** - Volleyball, Basketball, Track & Field, and Tennis

Because of high student enrollment numbers in athletics, only student-athletes involved in the above sports need to enroll in the athletic classes. Tennis has a different athletic class period than the other sports.

At this time, soccer is still considered a school club sport and will not begin until late Spring 2021. Practices will be before or after the regular school day beginning in late Spring.